



Welcome to Health New Zealand – Te Matau a Māui
Hawke's Bay RMO Roadshow for 2026

Introduction

On the panel -

- Dr Alan Stanley - Director of Clinical Training (DCT)
- Jodie Hurrey – RMO Recruitment Consultant
- Megan Beetham - RMO Coordinator
- Dr Molly Elliott - PGY2
- Dr Harry Sipos - PGY1

Why Hawke's Bay Hospital

Hawke's Bay Fallen Soldiers Memorial Hospital is a 400 bed hospital located in Hastings. All specialties are on site (except Cardiothoracic, Plastics and Neurosurgery).

Hawke's Bay Hospital offers a wide range of services including sub-specialties as follows:

- General Medicine
- Surgical, Orthopaedics and Urology
- Paediatric and neo-natal services
- Intensive Care Unit, HDU and Coronary Care
- Emergency Department
- Radiology
- Operating Theatres and Anaesthetics
- Dental and Public Health Service
- Mental Health and Addiction Service
- Public Health

Our region has a population of approximately 180,000 people, most of who reside in or around the twin cities of Hastings and Napier. Other towns include Havelock North, Wairoa, Waipawa, and Waipukurau. There is a strong sense of community in Hawke's Bay, and whatever your interest, chances are there will be clubs and community organisations who will offer you a warm welcome.

Hawke's Bay Region



Hawke's Bay offers excellent work-life balance, sun, beaches, exceptional outdoor adventures, from hiking Te Mata Peak and rafting the Mohaka River to cycling 200km of trails and relaxing at the beach.

There are also great schools, mountains and skiing close by, including wonderful food and stunning wineries with events, vibrant cities and plenty more to boast about.



Recruitment Process

Applications are reviewed by the Selection Panel which consists of:

- Prevocational Education Supervisors (PES)
- Director of Clinical Training
- RMO Recruitment Consultant

We do not interview candidates.

We will review your cover letter, CV and references and give you a hospital ranking for prior contact with us.

A site visit is not mandatory.

Who are we looking for?

We're looking for PGY1s who are excited to join us here in Hawke's Bay — people who are keen to grow, contribute, and be part of our community.

Our ideal cohort includes:

- **PGY1s genuinely enthusiastic about working with us** and building a strong foundation for their medical careers.
- **A balanced mix of Otago and Auckland graduates**, bringing diverse perspectives and training experiences.
- **Collaborative team players** who thrive in supportive, close-knit clinical environments.
- **Emerging future leaders** who are motivated, proactive, and keen to make a positive impact — both within our health service and the wider region.

Working as a PGY1 in Hawke's Bay Hospital

20 positions.

Attachments in Gen Med, AT&R, Gen Surgery (including Orthopaedics)

Vocational training in most specialties.

Regular House Officer teaching.

Informal teaching – on the job learning.

Formal teaching – Grand Rounds, Pathology meetings, Clinico-Radiology meetings, weekly teaching session.

Protected lunchtime meetings – once a week.

Roster Info

Medical House Officers are paid Category D of the Non-Urban Salary Scale

Surgical House Officers are paid Category C of the Non-Urban Salary Scale

3-4 weekends per quarter

1 rostered evening per week

1 set of night shifts per quarter – 4 days during the week (Mon-Thu), 3 days over weekend (Fri-Sun)

PGY1's do not work nights until the 2nd Quarter and after completing a medical run, with the support of another PGY2 or higher also rostered to nights.

A day in the life of an RMO here at Hawke's Bay Hospital....

Hand over to Dr Molly Elliott PGY2 & Dr Harry Sipos PGY1

